

HILL COUNTRY KARATE PRESENTS



JUDO CAMP



DOES YOUR CHILD RUN, JUMP, OR PLAY OUTSIDE?
IF SO, THEY NEED TO KNOW HOW TO FALL!!



**SATURDAY
JUNE 28, 2025**

**LOCATED @ RIVER
CITY GYMNASTICS**

103 KNEUPPER ST. CONVERSE, TX 78109



*FACILITY NOTE *PARKING IS AVAILABLE IN UNPAVED LOT AT BACK OF BUILDING!*

PARKING NOT AVAILABLE ACROSS THE STREET @ KINDER ROUND UP, VEHICLES WILL BE TOWED!

JUDO CONSISTS OF TWO JAPANESE CHARACTERS. JU, WHICH MEANS "GENTLE" & DO, WHICH MEANS "THE WAY." JUDO LITERALLY MEANS THE WAY OF GENTLENESS. IT CONSISTS OF THROWING TECHNIQUES AND LEARNING HOW TO FALL PROPERLY TO PREVENT INJURY. LEARNING HOW TO FALL PROPERLY COULD HELP SAVE YOU!

ADVANCED AND SR STUDENTS BEGIN TO LEARN SPARRING AND THROWING TECHNIQUES.
FOR OUR JR STUDENTS WE FOCUS ON THE FALLING AND ROLLING ASPECTS.

JUDO IS USEFUL IN DAILY ACTIVITIES AND OTHER SPORTS, ESPECIALLY FOR CHILDREN!

JUDO IS UTILIZED IN SELF-DEFENSE & SO MUCH FUN. COME GIVE IT A TRY!

SR STUDENTS (13 AND UP)

REGISTRATION AND SET UP @ 1:00 PM

CAMP RUN FROM 1:30 TO 3:30 PM

JR STUDENTS (5 TO 12 YEARS OLD)

REGISTRATION @ 3:30 PM

CAMP RUN FROM 4 TO 6 PM

**HCK CONTACT: 830-629-6686
ADMIN@HCKARATE.COM
HCKARATE.COM**



**DRESS
WEAR YOUR
UNIFORM!**

**ADMISSION \$40
CASH ONLY**

PLEASE COMPLETE BOTTOM PORTION, DETACH, AND TURN IN AT CAMP REGISTRATION.

Student
Name: _____

Emergency
Phone #: _____
Someone who can be reached during event

Belt: _____ Instructor: _____

Training
Location: _____

Parent/ Guardian
Signature: _____

Date: _____

In case of emergency, I hereby authorize Nick Smith or HCK Staff to seek attention for my child.