



HILL COUNTRY KARATE



ADULT WORKSHOP 2024 - KATA

THE FOLLOWING WORKSHOP IS FOR ALL SR STUDENTS
COLOR, BROWN, & BLACK BELTS

MARCH 2, 2024

LOCATED @ WESTSIDE COMUNITY CENTER

2932 S IH FRONTAGE ROAD, NEW BRAUNFELS, TX 78130



12 - 2 PM H FORM 1-3 & TO-SAN

(WHITE, YELLOW AND ORANGE BELT ADULTS)

2 - 3 PM NUTRITION & BLACK BELT MEETING

(ALL ADULTS)

3 - 5 PM HWA-RANG & JION

(GREEN BELTS AND UP ADULTS)



+ BRING NOTE TAKING MATERIALS & WATER

+ SR STUDENTS WILL RECIEVE

EXTRAS BOX SIGNITURE OR

3 HOUR SIGNITURES FROM MR. SMITH

